



Massage | Maintenance | Membership



Dare to Live Life to the Fullest?

Monthly Massage Therapy is one of the best ways to maintain overall health and wellness. Our lives are filled with stress, deadlines, and overwhelming responsibilities. Your body and mind will look forward to receiving and adapting to this form of therapy every month.



WHAT IS M3?

Massage • Maintenance • Membership

Your membership pampers you with regular massage therapy...*every month*, at a reduced rate!





HOW IT WORKS

Our M3 members pay a fee of \$250 which includes a 60-minute massage with one of our certified massage therapists. All members are able to purchase eleven additional massages at the reduced rate of \$45.*

A SAVINGS OF OVER \$150!

Memberships expire within one year of the purchase date. This allows for **monthly massages for a full year** before your discounted rate expires.

Coupons or other massage specials at the clinic will not apply to M3.

30 minute, 90 minute, Hot Stone massage and Pranassage are not included in M3.

*All member sessions are 60 minutes.

Life, like the moon, works in cycles. By creating a habit of having one massage every month, your health will benefit. You will gain a heightened sense of body awareness with consistent visits. Once you establish a maintenance pattern with massage therapy, you can prevent every day strains, pains, and muscular tightness. Your body will be able to balance and control stress with greater ease.

Live Well.

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