

Adult Intake Form

Name: _____ Date: _____

Address: _____ City: _____ State: _____ Zip: _____

Home Phone: _____ Cell Phone: _____

Email Address: _____ May we contact you via email? Yes No

Age: _____ Date of Birth: _____ Marital Status: M S W D

Occupation: _____ Employer: _____ Work Phone: _____

Spouse's Name: _____ Phone: _____

Name of Nearest Relative: _____ Phone: _____

Names and Ages of any Children: _____

Family Medical Doctor: _____

History of Present Illness

Purpose of this appointment:

Wellness Check-Up Auto Accident Related Work Injury Related

Primary Complaint (area of body): _____

Secondary Complaint (if applicable): _____

When did you first notice this problem: _____

How did it originally occur? _____

How has it progressed recently? Same Improving Getting Worse

How frequent is the condition? Constant Frequently Intermittent Occasionally

Describe the pain: Sharp Dull Numbness Tingling Aching Burning

Stabbing Throbbing Other: _____

Does anything relieve the problem? If so please list. No Yes: _____

Does anything make the problem worse? If so please list. No Yes: _____

What does this problem prevent you from doing or enjoying? _____

Please place an "X" on the line below to indicate the level of your problem.

No Symptoms ←—————→ Extreme Symptoms

Past Medical History

Please check any of the following conditions that you have been diagnosed with or experienced.

- | | | |
|--|---|--|
| <input type="checkbox"/> Broken or Fractured Bones | <input type="checkbox"/> Osteoarthritis | <input type="checkbox"/> Eating Disorders |
| <input type="checkbox"/> Circulatory Problems | <input type="checkbox"/> Epilepsy | <input type="checkbox"/> Alcoholism |
| <input type="checkbox"/> Rheumatoid Arthritis | <input type="checkbox"/> Pace Maker | <input type="checkbox"/> Drug Addiction |
| <input type="checkbox"/> Seizures/Convulsions | <input type="checkbox"/> Strokes | <input type="checkbox"/> HIV Positive |
| <input type="checkbox"/> Any Congenital Diseases | <input type="checkbox"/> Cancer | <input type="checkbox"/> Gall Bladder Problems |
| <input type="checkbox"/> Excessive Bleeding | <input type="checkbox"/> Ruptures | <input type="checkbox"/> Depression |
| <input type="checkbox"/> High/Low Blood Pressure | <input type="checkbox"/> Coughing Blood | <input type="checkbox"/> Ulcers |

Please list any major illnesses, injuries, falls, auto accidents or surgeries including dates. Women provide information including childbirth. _____

Have you been treated for any health condition by a physician within the last year? No Yes
If yes, describe: _____

Are you taking any medications or drugs? Please list _____

Women: Is there any chance you may be pregnant? Yes No Not Sure

Please list any additional health problems you have, no matter how significant they may be. _____

Social History

Please check the following that apply to your lifestyle.

- | | |
|--|--|
| | Please describe the frequency and type |
| <input type="checkbox"/> Alcohol | _____ |
| <input type="checkbox"/> Tobacco Products | _____ |
| <input type="checkbox"/> Caffeine | _____ |
| <input type="checkbox"/> Vitamin supplements | _____ |
| <input type="checkbox"/> Exercise | _____ |
| <input type="checkbox"/> Hobbies | _____ |

What percentage of the day are you: lifting sitting bending working at a computer

Family History

Please check any conditions that run in your family and indicate whether the family member is your **G**randparent, **F**ather, **M**other, **S**ister, or **B**rother:

- | | | | |
|--|---------------------------------------|---|--|
| <input type="checkbox"/> Diabetes | <input type="checkbox"/> Cancer | <input type="checkbox"/> Mental Illness | <input type="checkbox"/> Arthritis |
| <input type="checkbox"/> Stroke | <input type="checkbox"/> Asthma | <input type="checkbox"/> Kidney Disease | <input type="checkbox"/> Liver Disease |
| <input type="checkbox"/> Heart Disease | <input type="checkbox"/> Lung Disease | <input type="checkbox"/> Other _____ | |

Patient (or Guardian) Signature: _____ Date: _____